

It's always OK to tell!

Telling someone can make a difference

It's ALWAYS OK to tell someone if you're being hurt or if you're unhappy with the way you're being treated or if a friend tells you they are not OK.

ADULTS SHOULD ALWAYS

- 
- LISTEN
 - ANSWER YOUR QUESTIONS
 - TREAT YOU WITH RESPECT

FIND SOMEONE YOU TRUST

Who can help you do something about it, like:

- a Parent,
- a Carer,
- a Friend,
- or a Minister

TELL THE PERSON YOU TRUST

- Why you are not happy.
- How the problem has made you feel.
- What would help fix it?

MAKE A COMPLAINT

- Either with your support person or by yourself.
- Tell your minister or Safe Church person

You can ask questions like:

- What will happen next?
- Who will get back to me?

Contact UCA

(02) 8267 4351 safechurch@nswact.uca.org.au

Call Safe Church Unit: 1800 951 145

Call Kids Helpline: 1800 55 1800